











Time	Room	Session/ Event	Speakers
8:00 – 8:45 am		Check-in and Registration. FREE Breakfast in Exhibit Hall (Ballroom 1-2)	
8:45-9:45 am	Ballroom 3-4	Welcome & Opening Session: New Thinking, New Tools in PC Today: Diagnosis, Work-up, Prognosis	Judd Moul, MD Moderator: Mike Scott
9:45-10:00		Break	
10:00 – 11:00 am		Four Breakout Sessions	
	Madison	<p>Newly Diagnosed: Understand Your Risk Category & Treatment Options. Every prostate cancer is different. So, how do you know what yours is? What's a Risk Category? How do you decide if you can avoid surgery and radiation for now? <i>Bring your cancer information</i> and your questions – and be ready to hash through your important questions with a top urologist (Dr Moul), and our President, Mike Scott.</p>	<p>Judd Moul, MD </p> <p>Moderator: Mike Scott </p>
	Jefferson	<p>All in the Family: Germline Genetics & What You Need to Know Tiffany Lewis is a Genetic Counselor. She will discuss current guidelines, what men and families CAN do to consider testing for themselves, and their sons and daughters. “Germline Genetics” refers to the hereditary DNA you’re born with, not your tumor tissue genetics. Dr Williams will comment & lead Q&A.</p>	<p>Tiffany Lewis, MS, CGC </p> <p>Moderator: Michael Williams, MD </p>
	Franklin	<p>Hormone Therapy Side Effects Dr Schellhammer will share how he dealt w/ side effects of ADT (hormone therapy) for himself, and for his patients. Joel Nowak, a PC patient will also share. Erin Glace, a physical therapist with a unique approach. Subjects include bone health, hot flashes, mood swings, and more. (This session also runs at 2:45) VIDEO of last year's session</p>	<p>Paul Schellhammer, MD </p> <p>Erin Glace, MSPT, PRPC </p> <p>Moderator: Joel Nowak, MSW </p>
Ballroom 3-4	<p>Imaging in Recurrent PC CT Scan? MRI? Bone Scan? What's the difference and when should you ask your doctor about them? How many different PET Scans are there? Axumin? Is PSMA available yet? Can you really understand your own reports? Dr Rehfuss is a radiologist. Dr Byun is a radiologist trained in nuclear imaging. Dr Pienta is a medical oncologist and lead researcher in PSMA PET.</p>	<p>Tracie Rehfuss, MD </p> <p>Kathy Byun, MD </p> <p>Ken Pienta, MD </p> <p>Moderator: Jan Manarite </p>	

11:00 - 11:15		Break
11:15 - 12:15	Jefferson	<p style="text-align: center;">Four Breakout Sessions</p> <p>Newly Diagnosed: Different Types of Radiation - Risk vs Benefit. IMRT. Proton. Cyberknife. Seeds. So many types of radiation – how can you understand which makes the most sense for you personally? In this panel, each doctor will answer the same questions, and answer audience Q&A. This should help you compare, and understand the differences.</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  <p>Sean Collins, MD, PhD (SBRT/ Cyberknife)</p>  <p>Jeff Moulds, MD (IMRT)</p>  <p>Christopher Sinesi, MD (Proton)</p> <p>Moderator: Mike Scott</p> </div> <div style="width: 45%;"></div> </div>
	Franklin	<p>African American Men: Clinical Studies Q&A</p> <p>Charlie Hill is a dynamic and tireless advocate. Come hear him talk about knowledge, faith and early detection, and how the Hampton Roads Prostate Health Forum is revitalizing its focus with a kick-off of a year-long educational campaign about research studies (RESPOND, COMPPARE & Metastatic Prostate Cancer Project) in addition to early detection tests and exams.</p> <div style="text-align: center;">  <p>Charlie Hill, MBA Hampton Roads Prostate Health Forum</p> </div>
	Ballroom 3-4	<p>PSA Rising on Hormone Therapy: What Next? (Part 1 of 3) Non-Metastatic What are my options if my PSA is rising, but my doctor tell me I'm <i>not</i> metastatic? What is the different between M0 and M1? Discussion of Erleada (apalutamide), Nubeqa (darolutamide), Xtandi (enzalutamide) and more. Dr Williams and Patient Navigator Quisha Scott will share expertise, insights and experience. Jan will moderate Q&A.</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Michael Williams, MD</p>  </div> <div style="width: 45%;"> <p>Quisha Scott, MA</p>  </div> </div> <p>Moderator: Jan Manarite</p> 
Madison	<p>Sexuality & Intimacy Paul Nelson is a PC survivor, a licensed mental health counselor, and a clinical sexuality educator in NYC. He also founded the private website forum called Frank Talk, after dealing <i>with his own side effects from prostate surgery</i>. Come hear Paul's humor, openness, ideas, and solutions for the issues that many couples struggle with. (This session also runs at 2:45)</p> <div style="text-align: right;"> <p>Paul Nelson, LMHC, SE</p>  </div>	
12:15 - 1:30 pm		FREE Lunch - Exhibit Hall (Ballroom 1-2)
12:45-1:25pm	Ballroom 3-4	<p>Special Lunchtime Breakout: What Else Should Advanced PC Patients Know or Research?</p> <p>Discussion and Information on Tumor (somatic) Genetic Testing, Clinical Trials 101. Q&A</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Ken Pienta, MD</p>  </div> <div style="width: 45%;"> <p>Joel Nowak, MSW</p>  </div> </div> <p>Moderator: Joel Nowak, MSW</p>

1:30 - 2:30	Room	Four Breakout Sessions	
	Ballroom 3-4	<p>PSA Rising on Hormone Therapy: What Next? (Part 2 of 3) Metastatic. Discussion of M1 (vs M0). PROVENGE (sipuleucel-T) - Zytiga or Yonsa (abiraterone) - Xtandi (enzalutamide) - Lynparza (olaparib). AR V7 test. Dr Schellhammer will talk about his cancer journey and treatment choices. Dr Pienta will comment on how choices might be different today. Q&A.</p>	<p>Ken Pienta, MD </p> <p>Paul Schellhammer, MD </p> <p style="text-align: right;">Moderator: Jan Manarite </p>
	Jefferson	<p>Living with Active Surveillance - Panel & Discussion. How do you do “surveillance”? Are you “active” enough? PCaI Medical Director, Dr Michael Williams will define AS, and talk about tools, current research, etc. Patient advocate John Fortin will share his own experience, choosing Focal Laser Ablation. Mike Scott will bring his expertise as a moderator.</p>	<p>Michael Williams, MD </p> <p style="text-align: right;">John Fortin </p> <p>Moderator: Mike Scott </p>
	Franklin	<p>Managing Incontinence. Physical Therapist Erin Glace will talk about their techniques to help men with this issue. Dr Virasoro will talk about who is a candidate for his surgical techniques. Charlie Hill has been a patient of both Erin and Dr Virasoro and will moderate Q&A.</p>	<p>Erin Glace, MSPT, PRCP </p> <p>Ramon Virasoro, MD </p> <p style="text-align: right;">Moderator: Charlie Hill </p>
	Madison	<p>Partners & Caregivers. Just as every prostate cancer patient is different, so is every caregiver, spouse, or partner. Bring your questions and let these 2 women share their wisdom: Golden (nurse, businesswoman, caregiver, wife of Charlie Hill), Wendy (psychologist, caregiver, advocate, and wife of Joel Nowak). Share & Learn.</p>	<p>Golden Bethune-Hill, RN, MSN </p> <p>Wendy Lebowitz, PhD </p>
2:30 - 2:45 pm		Break	
2:45 - 3:45 (cont'd next pg)	Room	Four Breakout Sessions	
	Ballroom 3-4	<p>PSA Rising on Hormone Therapy. What Next? (Part 3 of 3) Metastatic. Xofigo (radium 223), Taxotere (docetaxel), Jevtana (cabazitaxel), and more. Benefits and Risks – Preventing some of chemo’s side effects.</p>	<p>Ken Pienta, MD </p> <p style="text-align: right;">Moderator: Jan Manarite </p>

2:45 - 3:45 (cont'd)	Franklin	Hormone Therapy Side Effects Joel Nowak (a 5-time cancer survivor) will share how he dealt w/ the side effects of ADT (hormone therapy) personally, and how he helps others as an advocate. Erin Glace is a Physical Therapist with a unique approach to helping with side effects as part of Urology of Virginia. Subjects include bone health, hot flashes, mood swings, and more (This session also runs at 10:00 am)	Erin Glace, MSPT, PRPC Moderator: Joel Nowak, MSW  
	Jefferson	Oligometastatic PC “Oligo” means just a few (from the Greek word oligos). So <i>oligo-metastatic means a few metastases – many experts say 5 or less</i> . This raises the question about targeting 1 or 2 lesions with something like Radiation, allowing the patient to put off other therapies (such as hormone therapy or chemo). It’s a developing area of research, and a hot topic among many radiation oncologists. Come hear Dr Collins share his knowledge, expertise, and clinical experience, including 1 or 2 case studies.	Sean Collins, MD, PhD  Moderator: Paul Schellhammer, MD  Floor Mic: Mike Crosby (Veteran’s PCa) 
	Madison	Sexuality & Intimacy. Paul Nelson is a PC survivor, a mental health counselor, and a clinical sexuality educator. He founded the private website forum called Frank Talk. Come hear Paul’s humor, openness, ideas, and solutions for the things that couples struggle with. (Also runs at 11:15)	Paul Nelson, LMHC,SE 
3:45 - 4:00 pm		Break	
4:00 - 5:00 pm	Ballroom 3-4	On the Horizon: New Developments? Panel Discussion. Q&A	Sean Collins, MD, PhD Judd Moul, MD Ken Pienta, MD Michael Williams, MD Moderator: Mike Scott
<p style="text-align: center;">POINTERS FOR Q&A on Conference Day</p> <ul style="list-style-type: none"> * Think in bullet point, not paragraphs. Find the key question you want answered and focus on that - find the bullseye. * Take notes. Your question may get answered before you ask it. * Know your cancer-frame your question. Give a little context without your whole story. (Bring your medical records if you like) * Remember - Panelists cannot give you medical advice, but they can help you understand a treatment, or situation better, and help you develop better questions for your own doctors and nurses. 			 Nov 2nd, 2019 Virginia Bch, VA https://Nov2conf.eventbrite.com

Questions? Contact Jan Manarite at (239) 208-4400, or JManarite@hotmail.com (agenda subject to change if unforeseen circumstances occur)